

# Solar container sports rope skipping

Skipping rope is no longer just a very popular training method for improving endurance, strength endurance, coordination, speed and muscles (e.g. in interval training), but the skipping rope sport is ...

?High-quality material? This skipping rope with counter is mainly made of EVA material, which can withstand daily use, resist bending and deformation, and can be used indoors and outdoors

10ft/3.05m Similar to our best-selling Original Speed Skipping Ropes but manufactured using our Unique and reversible "colour change" grade of scuff-resistant PVC. When taken into UV sunlight (outside), ...



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Web: <https://www.lpsolar.co.za>

